

# WHAT IS HOLDING YOU BACK?



## **EQUINE ASSISTED BIZ COACHING FOR EXECUTIVES, PROFESSIONALS AND TEAMS**

Are you looking to experience accelerated learning in areas of team building, leadership and relationship development? Contact us today to find out how we can customize your Equine Assisted Biz Coaching sessions today! No horse experience is necessary. Take a look at some of the topics we address in our coaching sessions.

Discover your leadership styles and how to integrate with others in the "herd".



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Here are some of the leadership programs offered to Individuals and Groups. Each Session presents curriculum that can assist you in becoming a better leader for yourself and for others. These coaching sessions are "Client" led--*which means there are no cookie cutter approaches to learning and growing.* The horses are there to help direct sessions and to bring to light learning opportunities. Sessions are led by our facilitators as well as a horse professional.

## Herd Logic Leading From the Back of the Herd

### Leadership Starts With Me Personal Coaching Sessions

### Relationship Logic Identifying the Four Horsemen in the Midst of Conflict

The power of partnership is a highly coveted skill from managers and leaders. There are many obstacles to becoming a great leader...and a great follower. Explore the natural herd dynamic and learn how the horse's different roles contribute to the whole leadership model.

Everyone has a blind spot--those areas in our lives where we consistently fail to see ourselves accurately. These blind spots can derail our leadership efforts and keeps us stuck in dysfunctional cycles. Concepts from Steven Covey's Leader In Me as well as NLP (Neuro Linguistical Programing) helps to identify how to change our thinking, our goals...and our outcomes.

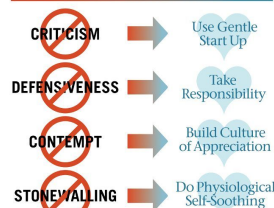


Life is built on relationships. Much like horses, we are herd creatures and cannot function without each other. Problems arise when our response to conflict inflicts damage instead of understanding. By changing our response, we can build stronger relationships that can withstand conflict and times of adversity.

**Until a person can learn to lead his or her self effectively, they will never be able to lead others effectively.**



#### Stop the Four Horsemen with their Antidotes



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